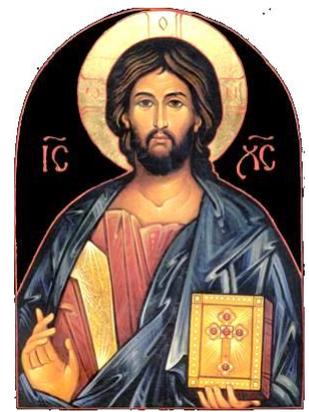


Eighteenth Sunday in Ordinary Time August 5, 2018



MASS SCHEDULE AND INTENTIONS: AUGUST 5 TO AUGUST 12

(L) indicates a living intention

Saturday	Aug. 4	Eighteenth Sunday in Ordinary Time
4:30 pm	Ipolito Bilotta	Bastone family
Sunday	Aug. 5	
9:00 am	Luciano Della Rocca & Dorotea Mossa	Rina Della Rocca
11:00 am	Our Parishioners	
Monday	Aug. 6	
8:30 am	R. Fernandes	Mr. & Mrs. Braganza
Tuesday	Aug. 7	
8:30 am	Mabel Oliveira	family
Wednesday	Aug. 8	
8:30 am	Cizaltina Pereira Cabral	Kathleen Rush
Thursday	Aug. 9	
8:30 am	Cizaltina Pereira Cabral	family
Friday	Aug. 10	
8:30 am	Mark Julius Coelho	Pat & Donny
Saturday	Aug. 11	Nineteenth Sunday in Ordinary Time
4:30 pm	Evelina Reda	Kathleen Rush
Sunday	Aug. 12	
9:00 am	Sebastian & Philomena D'Silva	Atwell D'Souza & family
11:00 am	Our Parishioners	

SANCTUARY LAMP (Week)

August 12: Annina Di Marco, requested by Mark Szutowicz & family

August 19: Barbara Kray, requested by Helen & Manfred

FAITH FIRST NEWS Registration is now open for new and returning families for the 2018-2019 year. Faith First is a six-year religious education program beginning in grade one, with First Communion celebrated in grade two, and Confirmation celebrated in grade six, once all requirements are met. Please register online at www.becket.ca

Please note that the Faith First office will be closed part of the summer, with online registration remaining open throughout the summer.

LORD GRANT MERCY AND LASTING PEACE to those who died recently and strength and comfort to those who mourn them:

Gordon Aucoin, husband of Nora.

BECKET PANTRY NEEDS: Pasta, beans, baked beans, cereal, tea, jam, rice, side dishes, crackers, cookies, juice, tomato juice, tomato paste, fruit, ham, turkey, chicken, cake mix, sugar, Kleenex, toilet paper, toothpaste, detergent.

THANK YOU FOR YOUR CONTRIBUTIONS

June 23/24

Offerings: \$ 3,917.15 Building Fund: \$1, 877.00

June 30/ July 1

Offerings: \$ 5,294.10

July 7/8

Offerings: \$ 4,017.00 Helping Others: \$1, 910.00

July 14/15

Offerings: \$ 4,514.00

July 21/22

Offerings: \$ 3,870.50

July 28/29

Offerings: \$ 4,384.20 Building Fund: \$ 1,435.00

Next special collection: August 12 - Religious Education

HERE'S A QUESTION ON THE EUCHARISTIC FAST



How long to we need to fast before receiving Holy Communion at Mass?

St. John the Baptist prepared the way of the Lord with fasting and penance, because **fasting makes room** in the heart, mind, body and soul for the Lord. We fast before Holy Communion for the same reason: to

prepare the way for the Lord; to make room for Him; to "clean house." The Eucharistic fast promotes a deeper **reverence** and respect for this wonderful sacrament, which is not ordinary food; it is the *panis angelorum*, the "**bread of angels.**" The human body and soul are so closely connected that the soul is prepared for a more fruitful reception of the Blessed Sacrament when the body is denied the comfort and satisfaction of eating or drinking. The one-hour fast increases mental alertness and fosters a **deeper hunger** in the soul to become united with Our Lord. The Code of Canon Law states: "Whoever is to receive the blessed Eucharist is to abstain for at least **one hour** before holy communion from all food and drink, with the sole exception of water and medicine" (Canon 919.1). This discipline does not apply to the **sick and elderly**. "The elderly and those who are suffering from some illness, as well as those who care for them, may receive the blessed Eucharist even if within the preceding hour they have consumed something" (Canon 919.3).

~ Father Francis Hoffman, J.C.D.

LOOKING FOR POST-SECONDARY CATHOLIC EDUCATION?

Consider Our Lady Seat of Wisdom College, a small, liberal arts college located in Barry's Bay Ontario, which offers a broad range of inter-disciplinary courses within the context of the Catholic faith and identity. Please visit www.seatofwisdom.ca for more information.

FLOWER FUND MEMORIAL: Thank you to everyone who donated to our flower fund this summer. May Our Lord grant abundant blessings upon those on whose behalf these offerings were made:
Anthony & Grozdana Listes, Antonio Cabral & Cizaltina Pereira Cabral, Ernesto Spadafora

DO YOU STRUGGLE WITH SCRUPULOSITY (a religious form of Obsessive Compulsive Disorder (OCD))? Learn more here: <http://scrupulousanonymous.org/>

Scrupulous people "Some people may be troubled about past sins, others agonize about problems of obedience and purity, and many worry about sin where there is no sin. Their fear and anxiety prevent them from making decisions lest they be wrong ones."

CATHOLIC SUPERSTITIONS?



Question: A friend insisted that I should bury a statue of St. Joseph upside down in my yard to assist its sale. He said it really works. When I balked at this superstition, he took offense. I have similar troubles with some of the prayer cards and novena promises that go about. Am I being too strict?

Answer: The Catechism of the Catholic Church defines superstition as attributing "the efficacy of prayers or of sacramental signs to their mere external performance, apart from the interior dispositions that they demand" (No. 2111).

The practices you describe do have troublesome aspects. This becomes the case especially when the prayer or practice has lots of moving parts. Thus, it is not enough to pray, asking St. Joseph's help; one must bury a statue of him, in the front yard, facing the proper direction and upside down as well. This not only seems impious (since burying a statue is not a proper use of it), but also seems to have no connection to selling a house. Why not just ask St. Joseph to pray for a quick sale?

Other actions like lighting candles and wearing medals are external reminders of our devotion. But even these can become superstitious if one thinks that the mere performance of an external act will accomplish the goal. If one frets over the fact that he or she forgot to wear a medal one day, or could not light a candle of a certain color or place it in a particular spot in church, he or she is straying into superstition.

Some will argue that burying a statue is just a harmless and pious custom. Perhaps. Reasonable people will often differ on where to draw the line between legitimate prayer and superstition because one cannot always see the internal disposition of the one who prays.

When prayers and practices have a lot of specific requirements or guarantees, the likelihood of superstition is increased. If a prayer said a certain number of times is "never known to fail," does this not claim that we can force God to say "yes" to us? But this is a sin against faith, because we must trust God to give us the best answer, which sometimes is "no."

Superstition is a common human problem rooted in fear. Very often, anxious or desperate people fall into this sort of thinking. But the only real solution is to develop a quiet trust in God, who knows what we need before we ask. Novenas, medals, candles and statues can be consoling reminders that God and others love us, but they cannot substitute for faith.

~ Msgr. Charles Pope