

First Sunday of Lent

March 6, 2022



MASS SCHEDULE AND INTENTIONS: MARCH 5 TO MARCH 13

(L) indicates living intention

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|------------------|---|------------------------------|
| Saturday | Mar 5 | |
| 4:30 pm | Douglas Floreani & Daniel Bagshaw | Their families |
| Sunday | Mar 6 | First Sunday of Lent |
| 9:00 am | Our Parishioners | |
| 11:00 am | Fedele De Palma | Anna & family |
| Monday | Mar 7 | |
| 8:30 am | Virginia Da Costa | The Family |
| Tuesday | Mar 8 | |
| 8:30 am | Arthur Casey | Louise & Don Casey |
| Wednesday | Mar 9 | |
| 8:30 am | James & Theresa Haselden | Kim & Nick Bogut |
| Thursday | Mar 10 | |
| 8:30 am | Josephine & Jean Gurulian | Marie Gurulian |
| Friday | Mar 11 | |
| 8:30 am | Deceased members of the Cabral & Pereira families | Maria G. Cabral |
| Saturday | Mar 12 | |
| 4:30 pm | Mara Fedele | Erma & Robert Beltrami |
| Sunday | Mar 13 | Second Sunday of Lent |
| 9:00 am | Our Parishioners | |
| 11:00 am | Greatness & Goodness Arthur-Samugana (L) | Elizabeth Arthur Samagana |

SANCTUARY LAMP (Week)

March 6: Clayton Demers (L) The Demers family

March 13: Agnes O'Donnell, requested by Marie Foggo

LORD, GRANT MERCY AND LASTING PEACE to those who died recently, and strength and comfort to those who mourn them:

Timmy Razac, brother of Yasmin;

Marie-Claire O'Leary, mother of Jennifer, Shannon, Jeffrey & Robert.

Diane Bourcier, mother-in-law of Glynis D'Souza.

Godefroy Labelle, husband of Gloria father of Louise, Ronald, Suzanne & Diane.

Cecile Trepannier mother of Lyane and Claude.

Blessed are those who have died in the Lord; let them rest from their labours for their good deeds go with them. Eternal Rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen

THANK YOU FOR YOUR CONTRIBUTIONS FOR FEBRUARY 27

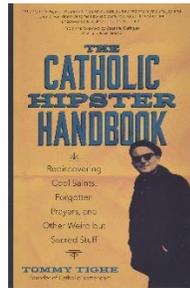
Offerings: \$3,901.00

Helping Others: \$1,300.00

POPE FRANCIS' MESSAGE FOR LENT 2022 (excerpts)

"Dear Brothers and Sisters, Lent is a favourable time for personal and community renewal, as it leads us to the paschal mystery of the death and resurrection of Jesus Christ. For our Lenten journey in 2022, we will do well to reflect on Saint Paul's exhortation to the Galatians: "Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity (*kairós*), let us do good to all" (*Gal* 6:9-10). In these words, the Apostle evokes the image of sowing and reaping, so dear to Jesus (cf. *Mt* 13). Saint Paul speaks to us of a *kairós*: an opportune time for sowing goodness in view of a future harvest. What is this "opportune time" for us? Lent is certainly such an opportune time, but so is our entire existence, of which Lent is in some way an image. All too often in our lives, greed, pride and the desire to possess, accumulate and consume have the upper hand, as we see from the story of the foolish man in the Gospel parable, who thought his life was safe and secure because of the abundant grain and goods he had stored in his barns. Lent invites us to conversion, to a change in mindset, so that life's truth and beauty may be found not so much in possessing as in giving, not so much in accumulating as in sowing and sharing goodness. And so let us not grow tired of praying, let us not grow tired of uprooting evil from our lives, knowing that God never tires of forgiving. Let us not grow tired of fighting against concupiscence, that weakness which induces to selfishness and all evil, and finds in the course of history a variety of ways to lure men and women into sin. One of these is addiction to the digital media, which impoverishes human relationships. Lent is a propitious time to resist these temptations and to cultivate instead a more integral form of human communication made up of 'authentic encounters', face-to-face and in person. And finally, let us not grow tired of doing good in active charity towards our neighbours. May the Virgin Mary, who bore the Saviour in her womb and 'pondered all these things in her heart' (*Lk* 2:19), obtain for us the gift of patience. May she accompany us with her maternal presence, so that this season of conversion may bring forth fruits of eternal salvation."

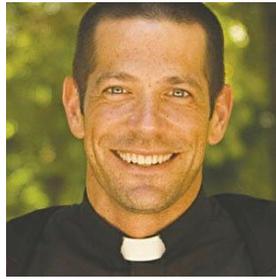
WORTHWHILE READING



The Catholic Hipster Handbook: Rediscovering Cool Saints, Forgotten Prayers, and Other Weird But Sacred Stuff, by Tommy Tighe, with a forward by Jeannie Gaggigan.

Being a Catholic Hipster is all about an attitude--an attitude grounded in being part of a countercultural community of believers dedicated to something bigger than themselves in a world dominated by self-centeredness. It's about yearning to learn more about the faith by seeking out "Catholic cool"--overlooked saints, forgotten prayers and feast days, and traditional practices long set aside by mainstream believers. *The Catholic Hipster* podcaster Tommy Tighe will help readers rediscover everything awesome about the Catholic faith. Tighe met comedienne Jeannie Gaffigan, who wrote the foreword for *The Catholic Hipster Handbook*, on Twitter. She said what drew her to the feed was that Tighe was "an embarrassingly Catholic dude who knew he was embarrassingly Catholic and was not embarrassed by it" and that he was "not preachy or judgey or divisive." Catholic hipsters in a nutshell. Tighe and a group of hipster friends--including Sarah Vabulas, Anna Mitchell, Fr. Kyle Schnippel, and Lisa M. Hendey--explore the beautiful weirdness of the Catholic Church and invite others along for the journey. They share their love for extraordinary saints, offer up obscure prayers, provide short reflections on something quirky and Catholic they've rediscovered, and dare readers to put their faith into action with some cool and challenging practices they can do on their own. *The Catholic Hipster Handbook*, winner of a 2019 Catholic Press Association Award, will help readers realize the only way to go against what's normal and accepted in the culture is to be authentically Catholic.

FR. MIKE SCHMITZ ON WHY & HOW TO TRUST GOD



“We have this thing in us that is hesitant to trust God. If we could possibly have the posture of trust, everything would change. After a retreat during seminary, I received the grace to trust God. That is the most significant grace of my entire life. Whatever is going on in my life, whatever season I’m going through, I can say: ‘Lord, I know you are good, and I know I can trust you. Because you are good, I know I can trust you. Just because I don’t

understand the meaning of this moment doesn’t mean this moment doesn’t have meaning. It’s a gift of the Lord to be able to recognize ‘I trust you.’ If you don’t feel this way, pray to God and say: ‘God, help me to trust you.’ Trust isn’t a feeling—it is a conviction. I don’t have to know where He is working right now — I just have to know He is good. He is just; He is mercy; He is love; He is truth; He is goodness. . . . That conviction to say that is key to our relationship with God. Pope Benedict XVI explained how God gives the cross to prove to us: ‘I love you. You can trust me.’ The cross is the answer. When we look at the cross, we can say, ‘I am definitively loved’ — no matter what happens to me.’ I can stop wrestling with God when I know I can trust him. That doesn’t mean I don’t have questions, but it means the way in which I ask the questions ceases to be that of someone who is wondering: ‘Can I trust you?’ . . . How often we’re tempted to turn to a false god, like Adam and Eve. The heart of this is the challenge of whether or not I can trust God. Satan’s attack is on Eve’s trust and heart—just like all of us. We know God is first . . . but what happens? In the course of our daily lives, we give our hearts to other things. What is first You can only have one No. 1. This type of idolatry can happen gradually, a process of giving my heart a little bit more and a little bit more to anything that isn’t God. . . . I’ve given my heart to something that is not God. There are times when we don’t understand what God is doing. In those moments . . . I can strive to understand . . . the answer comes back to the heart. In various situations, we can be absolutely convinced of the truth of Jesus but then . . . [some sin] takes our heart away, and we can end up doing something that does not match up with the lifestyle of a disciple of Jesus. Returning to God is the answer. Love is the key. The other type of idolatry is making one’s own personal version of God—and many people do this, which is why they don’t see him as a loving Father. God is saying: ‘I’m going to love you as you and I want you to love me as me.’”

WHAT WOULD YOU FORGIVE?

“Everyone thinks forgiveness is a lovely idea until he has something to forgive.”

— C.S. Lewis, *Mere Christianity*

Fr. Alexander Laschuk, a Ukrainian Catholic priest ministering in Toronto, said last week: “I can say that loving your enemy is the hardest thing we are called as Christians to do. Absolutely the hardest. And I tell people that loving your enemies means if you get to heaven and see Putin sitting there, you think ‘Wow, God is so great!’ And not ‘What the heck are YOU doing here?’ Forgiving doesn’t mean being a pushover. It means loving [adversaries] and desiring their salvation and seeing they too are created in the image of God. And in the specific case of Mr. Putin - this is something a lot of people obviously struggle with, even before this most recent move. But he says he is a Christian. I believe he thinks about his faith. And for me, that is something the Holy Spirit can work with. I tell people to pray for him. The Holy Spirit can do incredible things and maybe, just maybe, he can speak to [Putin’s] heart and bring about that conversion that we seek — to see the dignity of the human person.” Another Ukrainian Catholic priest, Fr. Oleh Katchour, of St. Nicholas Catholic Parish in Toronto, said that “forgiveness is that battlefield in a human heart that will always give advantage to that which is good over that which is evil. Forgiveness can be the light with you, which will never be consumed by darkness.”

PARISH INFORMATION

All telephone numbers are in the 514-area code unless otherwise indicated.

PARISH WARDENS

The Fabrique of the parish administers all parish properties and assets, and consists of the Pastor and six wardens elected by parishioners at an Annual General Meeting.

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|-------------------------|----------|--------------------|--------|----------|
| Janet Arts (2024) | 620-6643 | Cindy Finn | (2024) | 624-0546 |
| Peter Cook (2022) | 620-2019 | Michelle Figueredo | (2023) | 694-8879 |
| Norman Cousineau (2023) | 624-8753 | Michael Sciotto | (2022) | 626-9550 |

LITURGICAL MINISTRIES

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|-----------------------------------|-----------------------|----------|
| Altar Guild: | Anna Donald | 620-2258 |
| Altar Servers: | Fr. Peter Sabbath | 626-4111 |
| Baptism Preparation Team: | Parish Office | 626-4111 |
| Children's Liturgy | Parish Office | 626-4111 |
| Eucharistic Ministry Coordinator: | Rosemarie Della Rocca | 620-1930 |
| Greeters: | Norma Cook | 620-2019 |
| Ushers: | Joe Ojeda | 941-7914 |
| Lectors: | Tobias Koikaran | 693-5514 |
| Liturgy Team: | Rosemarie Della Rocca | 620-1930 |
| Head Sacristan: | Anna Donald | 620-2258 |
| Music Ministry Coordinator: | Lino Viegas | 626-0750 |
| Choir Director | Brendan Kelly | 944-7220 |

PARISH ORGANIZATIONS

| | | |
|------------------------------------|-------------------------|--------------------|
| Sycamore | Elsa Rivera | 626-4111 Ext. 222. |
| Angels of Mercy | Sarah Sajedi | 827-6408 |
| Catholic Women's League: | Catherine Lee Jude | 463-5991 |
| Couples for Christ: | Francis & Aurora Apgao | 630-6586 |
| Healing Ministry | Elsa Rivera | 626-4111 Ext. 222 |
| Helping Others/Community Outreach: | Parish Office | 626-4111 |
| Knights of Columbus: | Joe Ojeda | 941-7914 |
| Marriage Course: | John & Nathalie Bondyra | 695-7896 |
| Pastoral Home Care: | Ailsa Lee Loy | 626-7265 |
| Prayer Line: | Christine Charron | 694-3958 |
| Social Club: | Rina Callard | 695-6995 |

RESOURCES AND SERVICES

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|---|----------------|
| A.A. | 376-9230 |
| Al-Anon (Families of Alcoholics) | 866-9803 |
| Archdiocese, Marriage Tribunal, English Pastoral Services | 931-7311 |
| Episcopal Vicar - Fr. Raymond Lafontaine | 931-7311 |
| Quebec Life Coalition: Pregnant? Worried? | 344-2686 |
| Tel Aide (listening line) | 935-1101 |
| Violence S.O.S. Hotline | 1-800-363-9010 |
| West Island Women's Shelter | 620-4845 |

Sacrament of Reconciliation: (Confession) before all Masses or by request.

Anointing of the Sick: upon request

Eucharistic Exposition & Adoration: First Friday of the month

Benediction: Fridays after morning Mass

Baptism: Please contact the office.

Marriage: Please contact the office well in advance.

Vocations: Please contact Fr. Peter Sabbath or Fr. Tibu Fernandez

R.C.I.A.: Fr. Peter Sabbath