

# *Eighth Sunday in Ordinary Time March 3, 2019*



Remember! Daylight Saving Time begins Sunday, March 10, at 2 a.m.

## **MASS SCHEDULE AND INTENTIONS: MARCH 2 – MARCH 10**

<b>Saturday</b>	<b>March 2</b>	<b>Eighth Sunday in Ordinary Time</b>	
4:30 pm	Maria Bastone		Lilli & Angelo Porco
<b>Sunday</b>	<b>March 3</b>		
9:00 am	Our Parishioners		
11:00 am	Fedele De Palma		Anna & Sons
<b>Monday</b>	<b>March 4</b>		
8:30 am	Anna & Tony Perugino		The Family
<b>Tuesday</b>	<b>March 5</b>		
8:30	Daniel Bagshaw, Douglas Floreani & Kathleen Ellis		Their Families
<b>Wednesday</b>	<b>March 6</b>	<b>Ash Wednesday</b>	
8:30 am	Mark Julius Coelho		Pat & Donny
7:30 pm	Walter Gargul		Gerry Carroll
<b>Thursday</b>	<b>March 7</b>		
8:30 am	Albanese Family		
<b>Friday</b>	<b>March 8</b>		
8:30 am	For the poor		
<b>Saturday</b>	<b>March 9</b>	<b>First Sunday of Lent</b>	
4:30 pm	Vito Tarica		His daughters
<b>Sunday</b>	<b>March 10</b>		
9:00 am	Agnes O'Donnell		Marie Foggo
11:00am	Our Parishioners		

### **SANCTUARY LAMP (Week)**

March 3: Rosa Kaufam, requested by Mark Barras

March 10: Barbara Kray, requested by Helen & Manfred Adam

**LORD, GRANT MERCY AND LASTING PEACE** to those who died recently, and strength and comfort to those who mourn them: Chiara Fata Genio, wife of the late Elio Genio, mother of Mario and Giovanni.

### **THANK YOU FOR YOUR CONTRIBUTIONS FOR FEB 23/24**

Offerings: \$ 4,018.55 Building Fund: \$ 1, 622.00

Next special collection: March 6 - Ash Wednesday

**SHROVE TUESDAY PANCAKE SUPPER:** Join us Tues. March 5 for food and fun at our annual Shrove Tuesday Pancake Supper 5:30 - 7 pm. \$5.00 per person. Children 3 and under free.

### **ASH WEDNESDAY**

Ashes will be distributed to the faithful at two Masses on Ash Wednesday, March 6 at 8:30 a.m. and 7:30 p.m. Confessions will be available after both Masses.

## **ALL ABOUT LENT: Yes, it begins this week!**



Lent is the 40-day period before Easter, excluding Sundays (the day Jesus arose), from Ash Wednesday to Holy Thursday before the Lord's Supper. Lent begins on Ash Wednesday, the day the faithful have their foreheads signed with ashes in the form of a Cross, and is also a day of fast and abstinence, as is Good Friday. A day of fast is one on which Catholics who are 18 to 59 years old may eat one full meal and have two smaller meals that together are not equal to a full meal. (Those with medical conditions requiring a greater or more

regular food intake are exempt from this limited fast.) A day of abstinence: one on which Catholics 14 years or older must abstain from meat: Ash Wednesday and all Fridays of Lent. Jesus died for our sins on Friday. (In fact, all Fridays of the year are still days of abstinence from meat, although we now have the option on those days of substituting the abstinence by making another act of penance, charity or religious devotion.)

Acts of repentance for ordinary days during Lent, as we reflect that Our Lord died for our sins: it is appropriate to give up something we enjoy for Lent, doing physical or spiritual acts of mercy for others, prayer, going to confession, and other similar acts of repentance. Giving up something for Lent is a salutary custom, because by denying ourselves something we enjoy, we discipline our wills so that we are not slaves to our pleasures. By training ourselves to resist temptations when they are not sinful, we train ourselves to reject temptations when they are sinful. We also express our sorrow over having failed to resist sinful temptations in the past.



All are welcomed to pray for the protection of unborn life this Lenten season. From March 6 to April 14, join us in prayer and fasting in your homes, at church or at our public locations to pray for the end of abortion. Details: Brian Jenkins 514-344-2686 or 438-930-8643, or email [info@cqv.qc.ca](mailto:info@cqv.qc.ca).

**CONGRATULATION DEACON ROBERT ASSALY** Deacon Robert was ordained into the transitional diaconate by Bishop Thomas Dowd in view of the priesthood on Friday, February 22, at St. Monica Parish. Deacon Robert will continue to serve at St. Thomas à Becket Parish as a pastoral intern. Robert, and his wife Nancy, were received and confirmed as Catholics four years ago at St. Monica Parish. Deacon Robert completed an internship and Nancy served as a youth leader at St. Ignatius of Loyola Parish. Father of six grown children, he has been approved by the Vatican to be ordained a married Catholic priest. Please pray for Robert and for his wife, Nancy. May God grant them joy and blessings.

**WEEKEND CUSTODIAN NEEDED** Our weekend custodian, Robbie Krauss, will be leaving us at the end of April to begin working in his field. We wish Robbie all the best in his future endeavors, and will keep him in our prayers. Anyone wishing to apply for the position of weekend custodian, please send your CV to Fr. Peter Sabbath at [psabbath@gmail.com](mailto:psabbath@gmail.com)

## **NO GREATER LOVE: A BIBLICAL WALK THROUGH CHRIST'S**

**PASSION:** Every Friday, 7 to 9:00 pm, from March 8 to April 12 in Cahill hall. A new video study program on Jesus' passion which explores Jesus' final 18 hours on Earth before his death on the cross. Filmed in 2018 in the Holy Land. Experience the sights and sounds of the places where Jesus walked, prayed, suffered, and died.

## **LENTEN MISSION: A FRESH LOOK WITH FR. TOM RYAN**

March 10, 11, 12 Join St. Thomas à Becket, Jesus Light of the Lord and St. Luke's Tri-Parish Lenten Mission 2019. Hosted at St. Luke's parish Church opens at 6:30 p.m. Mission begins at 7:00 p.m. Coffee and snacks in the St. Luke parish hall at the conclusion of each evening. All welcome. Please come and bring a friend or neighbour. Presentation, music, time for personal prayer. A perfect start to your best ever Lenten season! Theologia Book Ministry will be present with a variety of spiritual books. A not-to-be-missed event! Fr. Tom Ryan is an outstanding retreat master.

For more information please contact [wendy@st-luke.ca](mailto:wendy@st-luke.ca) or [elsa@becket.ca](mailto:elsa@becket.ca)

### **March 10: *The Spirituality of Lent***

The Forty Days of Lent call us to renew our baptismal identity and mission; to grow in faith; and to deepen our commitment to Christ as we prepare for the celebration of the Paschal Feast. At the Easter Vigil, we are called to a renewal of our baptismal promises and a rededication to our baptismal mission – to be a light for those whose lives we touch.

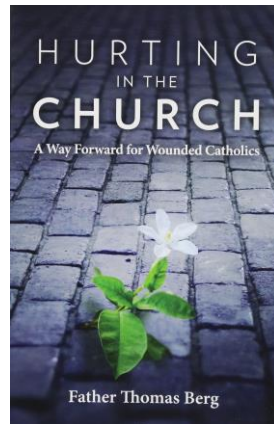
### **March 11: *Liberation Through Spiritual Practice***

Our spiritual heritage is rich in wisdom and practices which are designed to free us from the influence of sin and to deepen our union with God. We will look at ways to live with a prepared, alert and awakened heart that enables us to hear the divine voice of Love and to fearlessly follow its call. Tried and true Lenten practices will root us more solidly in our faith and help us to weather whatever storms life may bring to us.

### **March 12: *Questions to Ask Yourself***

During Lent, we are called to *repentance*, i.e. to turn back to God. The New Testament presents repentance as an ongoing process in which as followers of Christ we are invited to take a fresh look at our lives. What is working? What is not working? Have we in any way drifted from the path that leads to God through following Jesus? Are we being called to make fresh resolutions? To change some of our patterns / actions? To ask ourselves, "What would make me more alive?" Our inner response might well reflect Jesus'; words, "I came that you might have life and have it to the full." (John 10:10)

**WANTED:** If you have a small (3-5 cu.ft.) chest freezer or an upright standard size freezer that you no longer want, the Parish is looking to replace the one in the Hall kitchen which is not repairable. Contact Heidi. (514-626-4111 x 221)



### **WORTHWHILE READING**

***Hurting in the Church: A Way Forward for Wounded Catholics***, by Fr. Thomas Berg

Fr. Berg's compelling testimony of betrayal and loss, and the subsequent spiritual growth and self-discovery he experienced offer hope to those still hurting and alienated in an all-too-human Church. His story, as well as those of others in the book can move us from discouragement and despair to self-honesty, purification, and a more mature dependence on God. This is a book for anyone who longs to renew his love for the Church, and turn anger into a new peace of soul.

**FOUR BASIC ELEMENTS: FOOD FOR THOUGHT** Science says that we need at least four basic elements to survive 1.Water; 2.Air; 3.Food; 4.Light. And look what the Bible says about Jesus. 1. I am the Living water (John 7.37), 2. I am the Breath of Life (John 1.4, 11. 25), 3. I am the Bread of Life (John 6.35), and 4. I am the Light of the world (John 8.12). Science was right, we need Jesus to live.