

Fifth & Sixth Sundays in Ordinary Time



February 8 & February 15, 2026

MASS INTENTIONS - FEBRUARY 8 to FEBRUARY 22

(L) indicates a living intention

Saturday	February 7		
4:30 pm	Our Parishioners		
Sunday	February 8		
9:00 am	Claudio Di Lella		Francoise La Penna
11:00 am	Joanne Young-Rizzuto		Ciro Sasso & family
Monday	February 9		
8:30 am	Aloysius Braganza		Donny & Patricia Coelho
Tuesday	February 10		
8:30 am	Lori Hogg		The Bondyra family
Wednesday	February 11		
8:30 am	Erika Ratneiya		her parents: Dora and Bernard Ratneiya
Thursday	February 12		
8:30 am	Paul Meier		Priska & family
Friday	February 13		
8:30 am	Maria Leonor Lourdes Segovia (Departed Soul)		Associate Scientists - Genetic Group
Saturday	February 14		
4:30 pm	Michael Anderson		Ann Sullivan
Sunday	February 15		
9:00 am	Our Parishioners		
11:00 am	Domenico Mancini		His family
Monday	February 16		
8:30 am	Mark Coelho		Donny & Patricia Coelho
Tuesday	February 17		
8:30 am	Genowefa Latkowska		Latkowski Family
Wednesday	February 18		
8:30 am	Christine Charron (L)		Maria G. Cabral
Thursday	February 19		
8:30 am	Maria G. Cabral (L)		Anna Donald
Friday	February 20		
8:30 am	Keith Lee Foon		Norma Truesdell
Saturday	February 21		
4:30 pm	Germain Demers		The Family
Sunday	February 22		
9:00 am	Rachela De Grazia		The Family
11:00 am	Our Parishioners		

SANCTUARY LAMP:

February 8: Deceased members of the Costa Family, requested by The Family

February 15: Salvatore & Eugenia Sanzari, requested by Peter Rousseau & Family

February 22: Joao Carvalho, requested by Alberto and Dulce costa

LORD, GRANT MERCY AND LASTING PEACE to those who died recently and strength and comfort to those who mourn them:

Blessed are those who have died in the Lord; let them rest from their labours for their good deeds go with them. Eternal rest grant unto them, O Lord. And let perpetual light shine upon them. May they rest in peace. May the souls of all the faithful departed, through the mercy of God, rest in peace.

MASS TO ASK FOR THE GRACE OF A GOOD DEATH

To celebrate the feast of Saint Joseph, patron of a good death, his excellency bishop Christian Lépine invites the faithful of the diocese of Montréal to a Mass where they can entrust to God the moment of their death through the intercession of Saint Joseph, patron of a good death.

Saturday, March 14, 2026 at 10:30 a.m.

Mary Queen of the World Cathedral

ST. THOMAS À BECKET PARISH 2026 MARRIAGE JUBILEE

Due to unfortunate circumstances, the Marriage Jubilee has been postponed until the end of April. Please contact Rina for more information at 514-915-7586.

THE MARRIAGE COURSE



Marriages and families are the cornerstone of our society. Strong and loving marriages lead to a better life for the spouses, their families, and those around them. We invite you to make your marriage the best it can be!

Over the course of 7 evenings, in a warm and relaxing home setting, you and your spouse are invited to spend some quality time discovering the essence of a healthy marriage, while discovering new things about yourself, your spouse, and your life as a couple. Think of it as a “date night” with your spouse!

There are absolutely no group discussions.

The course is held in Kirkland, on Thursday evenings at 7:00 pm, starting on Feb 12 and ending March 26, 2026. The cost is \$80 per couple.

To register, or for more information, please contact Nathalie & John Bondyra, at kahndyra@gmail.com.

ST. EDMUND OF CANTERBURY PARISH SUMMER CAMP

Rainforest Falls – Exploring the Nature of God

Registration is now open

June 29-July 3, 9am-noon. Kids from kindergarten to grade 6

Info at: faitheducation@stedocp.com



SHROVE TUESDAY – FEBRUARY 17, 2026

PANCAKE SUPPER

Join us on Tuesday February 17 for food and fun at our annual Shrove Tuesday supper.

5:30-7:00pm

\$5 per person

Children 3 and under free

Family of 4 or more: \$20



ASH WEDNESDAY – FEBRUARY 18, 2026



Mass Schedule:

8:30am

6:00pm (Livestreamed)

LENT AND FASTING

Fasting, in the Lenten journey, is not a simple abstinence from food or material food. In fact, it represents “a complex and deep reality,” as John Paul II emphasized on 21 March 1979 [addressing young people](#) in St Peter's Square. Fasting, he said, “is a symbol, a sign, a serious and stimulating call to accept or to make renunciations. What renunciation? Renunciation of the ‘ego,’ that is, of so many caprices or unhealthy aspirations; renunciation of one's own defects, of impetuous passion, of unlawful desires.”

Fasting, he continued, “means putting a limit on so many desires, sometimes good ones, in order to have full mastery of oneself, to learn to control one's own instincts, to train the will in good.”

Finally, he said, fasting means “depriving oneself of something in order to meet the need of one's brother, becoming, in this way, and exercise of goodness, of charity.”

OUR LADY OF LOURDES - FEBRUARY 11

In 1858, in Lourdes, France, the Virgin Mary appeared 18 times to 14-year-old Bernadette Soubirous. Appearing as a young lady in white, she requested prayer and penance, eventually identifying herself as "the Immaculate Conception".

Today, Lourdes is visited by close to 6 million pilgrims a year and continues to be a place of faith, healing and hope.



Prayer: Dearest Mother, the Immaculate Conception, you chose the humblest of instruments in Bernadette to proclaim your universal message of repentance. You declared to the world that you are, indeed, the Immaculate Conception. Please pray for me, bring healing to my soul, and help me to be freed of all sin so that I may one day share in your glory in Heaven. Saint Bernadette, pray for me. Our Lady, the Immaculate Conception, pray for me. Jesus, I trust in You.

PARISH INFORMATION

All telephone numbers are in the 514-area code unless otherwise indicated.

PARISH WARDENS

The Fabrique of the parish administers all parish properties and assets, and consists of the Pastor and six wardens elected by parishioners at an Annual General Meeting.

Siro Di Marco (2027)	977-6442	Cindy Finn (2027)	624-0546
Frank Vissani (2028)	998-0311	Janet Arts (2026)	620-6643
Eric Chevrier (2026)	246-8525	Michael Randall (2028)	980-5015

LITURGICAL MINISTRIES

Altar Guild	Anna Donald	620-2258
Altar Servers	Parish Office	626-4111
Baptism Preparation Team	Parish Office	626-4111
Choir Director	Brendan Kelly	944-7220
Eucharistic Ministry Coordinator	Rosemarie Della Rocca	620-1930
Head Sacristan	Anna Donald	620-2258
Lectors	Tobias Koikaran	693-5514
Liturgy Team	Rosemarie Della Rocca	620-1930
Ushers	Joe Ojeda	941-7914

PARISH ORGANIZATIONS

Adult Faith Formation	Elsa Rivera	626-4111
Angels of Mercy	Sarah Sajedi	827-6408
Catholic Women's League	Marie Meier	965-9919
Community Aid	Parish Office	626-4111
Couples for Christ	Don & Irene Salvanera	620-1319
Helping Others:	Parish Office	626-4111
Knights of Columbus	Norm Cousineau	624-8753
Legion of Mary	Juliana Abu	585-9206
Marriage Course	John & Nathalie Bondyra	695-7896
Pastoral Home Care	Ailsa Lee Loy	626-7265
Prayer Line	Christine Charron	694-3958
Responsible Pastoral Ministry	Rina Callard	626-4111
Social Club	Rina Callard	695-6995
Youth Ministry	Amanda Davis	626-4111

RESOURCES AND SERVICES

A.A.	376-9230
Al-Anon (Families of Alcoholics)	866-9803
Archdiocese, Marriage Tribunal, English Pastoral Services	931-7311
Diocesan Ombudsman – abuse/complaints	752-4683
Episcopal Vicar - Fr. Raymond Lafontaine	931-7311
Quebec Life Coalition: Pregnant? Worried?	344-2686
Spiritual Support Line	1-888-305-0994
Violence S.O.S. Hotline	1-800-363-9010
West Island Women's Shelter	620-4845

Anointing of the Sick: upon request at the parish office

Baptism: Please contact the office

Marriage: Please contact the office well in advance.

R.C.I.A.: Sandy Dunn 514-626-4111 Ext. 221

Sacrament of Reconciliation: (Confession) before all Masses or by request.

Vocations: Please contact Fr. Gerry Westphal at 514-688-4952 or one of our priests

HALL RENTAL: Michael Randall 514-980-5015