

How to make Plarn

The following link has Detailed Step by Step Instructions

https://sites.google.com/view/bagstosleepingmats/step-by-step?fbclid=IwAR1YFkmT0ITCN_dzNzAGVC6qhkncD0VDhBWDcLkHZ8s6rxPUnv-WtkuHHSg

Important notes for Plarn-making: *do not use stiff plastic bags like those from Provigo*****

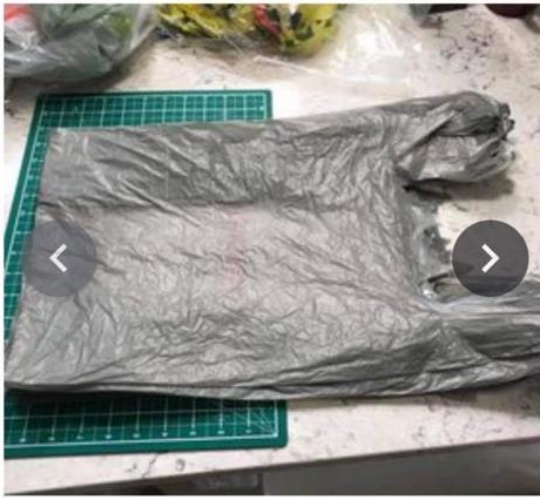
1 - It's important that you lay the bags out flat with sides tucked in, then cut even strips! If the strips have holes in them we can't use them.



Lay bag flat, sides tucked in

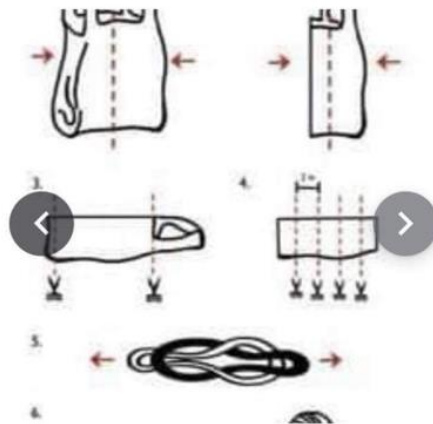
Cut off top and bottom, then into four equal strips





Lay bag flat, sides tucked in

Fold bag in half vertically, then in half again. Cut top and bottom off, then into four strips horizontally.



2 -When looping the strips together, ensure they are pulled tight with just a small knot between!



3 -Don't make balls bigger than will pass through the loops (this is how we add them to the mats!)



The final product is a beautiful mat that is crocheted by a team of ladies who then donates them to those in need.

