

The Most Holy Trinity

May 30, 2021



MASS SCHEDULE AND INTENTIONS: MAY 29 TO JUNE 6

(L) indicates living intention

Saturday	May 29	
4:00 pm	Our Parishioners	
5:15 pm	Peter Maddocks	Letitia Floriani
Sunday	May 30	The Most Holy Trinity
9:00 am	Dawn Richardson	The Robertson family
11:00 am	Rosa Di Lollo	Renata & Angela Di Lollo
Monday	May 31	
8:30 am	Tyler James Lang	Patricia Christie
9:30 am	Markian Koretski	The Family
Tuesday	June 1	
8:30 am	Rosalie Beasley	The Family
9:30 am	Sick of the Parish	
Wednesday	June 2	
8:30 am	Kathleen Rush Heald	Rosemarie Della Rocca
9:30 am	Souls in Purgatory	
Thursday	June 3	
8:30 am	Guy Taillon	Norma & Peter Cook
9:30 am	The youth of the Parish	
Friday	June 4	
8:30 am	Genowefa Latkowska	Saia Family
9:30 am	Families in difficulties	
Saturday	June 5	
4:00 pm	Dawn Richardson	Janet Arts
5:15 pm	The unemployed	
Sunday	June 6	The Most Holy Body and Blood of Christ
9:00 am	Our parishioners	
11:00 am	Raschela De Grazia	Pat Fahey & family

SANCTUARY LAMP (Week)

May 30: Alf & Chris Kolodnicki, requested by the family.

June 6: Kathleen Rush Heald, requested by Doreen Kojoian.

LORD, GRANT MERCY AND LASTING PEACE to those who died recently, and strength and comfort to those who mourn them:

Blessed are those who have died in the Lord; let them rest from their labours for their good deeds go with them. Eternal rest grant unto them, O Lord. And let perpetual light shine upon them. May they rest in peace. May the souls of all the faithful departed, through the mercy of God, rest in peace.

THANK YOU FOR YOUR CONTRIBUTIONS FOR MAY 22/23

Offerings: \$4,454.00

Next special collection: June 13 – Religious Education

THE MOST HOLY TRINITY



The feast of the Most Holy Trinity may well be regarded as the Church's *Te Deum* of gratitude over all the blessings of the Christmas and Easter seasons; for this mystery is a synthesis of Christmas, Epiphany, Easter, Ascension and Pentecost. This feast, which falls on the first Sunday after Pentecost, should make us mindful that actually every Sunday is devoted to the honor of the Most Holy Trinity, that every Sunday is sanctified and consecrated to the triune God.

Sunday after Sunday we should recall in a spirit of gratitude the gifts which the Blessed Trinity is bestowing upon us. The Father created and predestined us; on the first day of the week He began the work of creation. The Son redeemed us; Sunday is the "Day of the Lord," the day of His resurrection. The Holy Spirit sanctified us, made us His temple; on Sunday the Holy Spirit descended upon the infant Church. Sunday, therefore, is *the* day of the Most Holy Trinity. The Trinity is one of the most fundamental beliefs of the Catholic Church and so it is fitting that we dedicate a particular Sunday to that mystery. Jesus revealed that the Holy Trinity is a community of persons in an eternal relationship of love.

Prayer to the Holy Trinity

Glory be to the Father,

*Who by His almighty power and love created me,
making me in the image and likeness of God.*

Glory be to the Son,

*Who by His Precious Blood delivered me from hell,
and opened for me the gates of heaven.*

Glory be to the Holy Spirit,

*Who has sanctified me in the sacrament of Baptism,
and continues to sanctify me*

by the graces I receive daily from His bounty. Amen.

CONFESS YOUR SINS, BUT . . .



♥Never let your past sins be an obstacle between you and Jesus. It's a ruse of the devil to keep putting our sins before our eyes in order to make them like a screen between the Saviour and us.

♥Think of your past sins to persuade yourself of your weakness; think of them to confirm your resolution not to fall again -- that's necessary -- but think of them mainly to bless Jesus for having pardoned you, for having purified you, for having cast all your sins to the bottom of the sea. Do not go looking for them at the bottom of the sea! He has wiped them out; He has forgotten them.

♥I'm not saying that you believe too much in your own wretchedness. I'm telling you that you don't believe enough in merciful love.

♥God's greatest pleasure is to pardon us. The good Lord is more eager to pardon a repentant sinner than a mother to rescue her child from the fire.

~ St. Thérèse of Lisieux

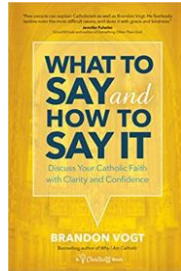
VISITATION OF THE BLESSED VIRGIN MARY (May 31)



After the angel Gabriel had announced to Mary that she was to become the mother of Our Lord, Mary went from Galilee to Judea to visit her cousin Elizabeth, soon to be the mother of John the Baptist. This visit is recorded in Luke 1:39-56. Elizabeth greeted Mary with the words, "Blessed are you among women, and blessed is the fruit of your womb." Mary burst forth with the song of praise we call the Magnificat, beginning, "My soul proclaims the greatness of the Lord." Even John the Baptist, still unborn, leaped for joy in his mother's womb. Thus we are shown, side by side, the two women, one seemingly too old to have a child, but destined to bear the last prophet of the Old

Covenant, of the age that was passing away; and the other woman, seemingly not ready to have a child, but destined to bear the One Who was Himself the beginning of the New Covenant, the age that would not pass away. It is this meeting which we celebrate on May 31.
~ by *Living Water Community*

WORTHWHILE READING



What to Say and How to Say It: Discuss Your Catholic Faith with Clarity and Confidence by Brandon Vogt

Brandon Vogt offers Catholics an indispensable resource for understanding and articulating the Church's teaching on seven of the most critical issues Catholics face today as we dialogue with the secular culture and people of other religious backgrounds. Based on the content of Vogt's online community, ClaritasU, *What to Say and How to Say It* equips readers with the tools to intelligently discuss topics such as the Eucharist, same-sex marriage, and abortion, providing straightforward talking points to explain Catholic teaching. Vogt, the bestselling author of ten books, is the Senior Content Director for Bishop Robert Barron's [Word on Fire Catholic Ministries](#).

Brandon's work has been featured by several media outlet including *NPR*, *Fox News*, *CBS*, *EWTN*, *Vatican Radio*, *Our Sunday Visitor*, *National Review*, and *Christianity Today*.

He's been named one of the "[Top 30 Catholics Under 30](#)", and his books have been #1 Amazon bestsellers and have earned First Place awards from both the Catholic Press Association and the Association of Catholic Publishers. Brandon serves as a consultant to the U.S. Conference of Catholic Bishop's Committee on Evangelization and Catechesis. He's also on the board of the Society of G.K. Chesterton, has seven children and is not yet 35 years old.

VIDEO GAME ADDICTION SUPPORT



Is gaming taking over your life or that of someone you know? Video game addiction is a real mental health condition affecting millions of people around the world. It received recognition by the World Health Organization as 'Gaming Disorder' in 2019. What are the warning signs? Are there underlying causes? What treatment options are available Find help at <https://gamequitters.com>

PARISH INFORMATION

All telephone numbers are in the 514 area code unless otherwise indicated.

PARISH WARDENS

The Fabrique of the parish administers all parish properties and assets, and consists of the Pastor and six wardens elected by parishioners at an Annual General Meeting.

Janet Arts (2021)	620-6643	Siro Di Marco (2020)	620-6788
Peter Cook (2022)	620-2019	Michelle Figueredo (2021)	694-8879
Norman Cousineau (2020)	624-8753	Michael Sciotto (2022)	626-9550

LITURGICAL MINISTRIES

Altar Guild:	Anna Donald	620-2258
Altar Servers:	Fr. Peter Sabbath	626-4111
Baptism Preparation Team:	Parish Office	626-4111
Children's Liturgy	Parish Office	626-4111
Eucharistic Ministry Coordinator:	Rosemarie Della Rocca	620-1930
Greeters:	Norma Cook	620-2019
Ushers:	Joe Ojeda	941-7914
Lectors:	Tobias Koikaran	693-5514
Liturgy Team:	Rosemarie Della Rocca	620-1930
Weekday Sacristan:	Anna Donald	620-2258
Music Ministry Coordinator:	Lino Viegas	626-0750
Choir Director	Brendan Kelly	944-7220

PARISH ORGANIZATIONS

Sycamore	Elsa Rivera	626-4111 Ext. 222.
Angels of Mercy	Sarah Sajedi	827-6408
Becket Pantry:	Parish Office	626-4111
Catholic Women's League:	Catherine Lee Jude	463-5991
Couples for Christ:	Francis & Aurora Apgao	630-6586
Healing Ministry	Elsa Rivera	626-4111 Ext. 222
Helping Others:	Parish Office	626-4111
Knights of Columbus:	Joe Ojeda	941-7914
Marriage Course:	John & Nathalie Bondyra	695-7896
Pastoral Home Care:	Ailsa Lee Loy	626-7265
Prayer Group: (Thursday 9:15 a.m.)	Louise Eberwein	825-5198
Prayer Line:	Christine Charron	694-3958
Seniors:	Audrey Cassidy	626-3586
Social Club:	Rina Callard	695-6995

RESOURCES AND SERVICES

A.A.	376-9230
Al-Anon (Families of Alcoholics)	866-9803
Archdiocese, Marriage Tribunal, English Pastoral Services	931-7311
Episcopal Vicar - Fr. Raymond Lafontaine	931-7311
Quebec Life Coalition: Pregnant? Worried?	344-2686
Tel Aide (listening line)	935-1101
Violence S.O.S. Hotline	1-800-363-9010
West Island Women's Shelter	620-4845

Sacrament of Reconciliation: (Confession) before all Masses or by request.

Anointing of the Sick: upon request

Eucharistic Exposition & Adoration: First Friday of the month

Benediction: Fridays after morning Mass

Baptism: Please contact the office.

Marriage: Please contact the office well in advance.

Vocations: Please contact Fr. Peter Sabbath or Fr. Jaison Joseph

R.C.I.A.: Fr. Peter Sabbath