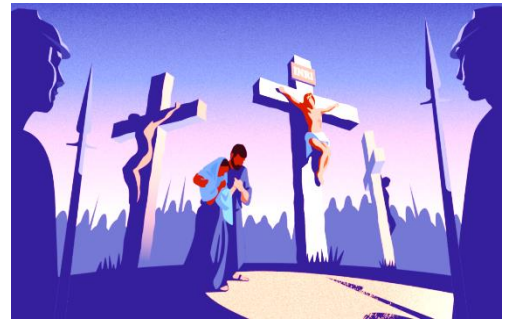


Seventh Sunday
in Ordinary Time
and
First Sunday of Lent
February 19 & 26
2023



MASS INTENTIONS FEBRUARY 18 TO FEBRUARY 26

Saturday	February 18	
4:30 pm	Glenn Pereira	Wendy Finlay
Sunday	February 19	
9:00 am	Our Parishioners	
11:00 am	Albanese family	Albanese family
Monday	February 20	
8:30 am	Jose and Maria Costa	Alberto and Dulce Costa
Tuesday	February 21	
8:30 am	Herbert Kingsley Arulanandam	Cynthia Arulanandam
Wednesday	February 22	
8:30 am	Lisa Dias	The Stock Family
7:00 pm	For the earthquake victims in Turkey and Syria	
Thursday	February 23	
8:30 am	Mark Julius Coelho	Pat & Donny
Friday	February 24	
8:30 am	Joao Carvalho	Dulce and Alberto Costa
Saturday	February 25	
4:30 pm	Eugenia Sanzari Abate	Pina Sanzari
Sunday	February 26	
9:00 am	Theresa Bioche	Rita Degregoria
11:00 am	Our Parishioners	
Monday	February 27	
8:30 am	Dean & Tommy Stock	Cathy, Phil & Family
Tuesday	February 28	
8:30 am	Yvonne de Rozario	Denise Pereira
Wednesday	March 1	
8:30 am	Tomek Jasiukas	Kozlowski Family
Thursday	March 2	
8:30 am	Alf & Chris Kolodnicki	Rina & Family
Friday	March 3	
8:30 am	Albanese Family	
Saturday	March 4	
4:30 pm	Our Parishioners	
Sunday	March 5	
9:00 am	Maria Borrelli Diodati	Famille Riopel Vanvari
11:00 am	Evelyn Lewis	CWL members

SANCTUARY LAMP (Week)

February 19: Susanne Labelle, requested by La Foundation Papillon

February 26: Deborah Ann Denis, requested by Paula Young

March 5: Alf & Chris Kolodnicki, requested by Rina & Family

LORD, GRANT MERCY AND LASTING PEACE to those who died recently, and strength and comfort to those who mourn them.

Angela Di Iulio Silvaggio, wife of Angelo, mother to Michelina Castiglione, grandmother of Elena and Sonia.

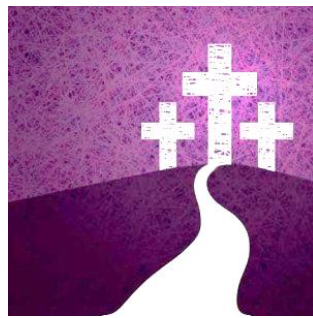
Marjorie Duguay, mother of Kevin, Mark, Brian and Louise.

Michael Yossef, son of Ireene and the late Tomus, brother of Gabriel & Raphael.

Blessed are those who have died in the Lord; let them rest from their labours for their good deeds go with them. Eternal Rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen

BEREAVEMENT GROUP: The bereavement group resumes on the usual 3rd Tuesday of the month, February 21, in the parish hall. The meeting will begin exceptionally for this month, at 7:30 pm. All those who have experienced the loss of a loved one are welcome to attend the meeting, led by trained animator Bill Curran.

ALL ABOUT LENT: Yes, it begins this week!



Lent is the 40-day period before Easter, excluding Sundays (the day Jesus arose), from Ash Wednesday to Holy Thursday before the Lord's Supper. Lent begins on Ash Wednesday, the day the faithful have their foreheads signed with ashes in the form of a Cross, and is also a day of fast and abstinence, as is Good Friday. A day of fast is one on which Catholics who are 18 to 59 years old may eat one full meal and have two smaller meals that together are not equal to a full meal. (Those with medical conditions requiring

a greater or more regular food intake are exempt from this limited fast.) A day of abstinence: one on which Catholics 14 years or older must abstain from meat: Ash Wednesday and all Fridays of Lent. Jesus died for our sins on Friday. (In fact, all Fridays of the year are still days of abstinence from meat, although we now have the option on those days of substituting the abstinence by making another act of penance, charity or religious devotion.) Acts of repentance for ordinary days during Lent, as we reflect that Our Lord died for our sins: it is appropriate to give up something we enjoy for Lent, doing physical or spiritual acts of mercy for others, prayer, going to confession, and other similar acts of repentance. Giving up something for Lent is a salutary custom, because by denying ourselves something we enjoy, we discipline our wills so that we are not slaves to our pleasures. By training ourselves to resist temptations when they are not sinful, we train ourselves to reject temptations when they are sinful. We also express our sorrow over having failed to resist sinful temptations in the past.

ASH WEDNESDAY

Ashes will be distributed to the faithful at two Masses on Ash Wednesday, February 22, at 8:30 a.m. (livestreamed) and 7:00 p.m. Confessions will be available after both Masses.

THANK YOU FOR YOUR CONTRIBUTIONS

Feb 5: Offerings: \$ 3,994.40

Feb 12: Offerings: \$ 4,740.85

Religious Education \$1, 322.00

Next special collections: Feb 22: Ash Wednesday

Feb 26: Building Maintenance Fund

March 12: Helping Others

March 19: Building Maintenance Fund



WISHLIST

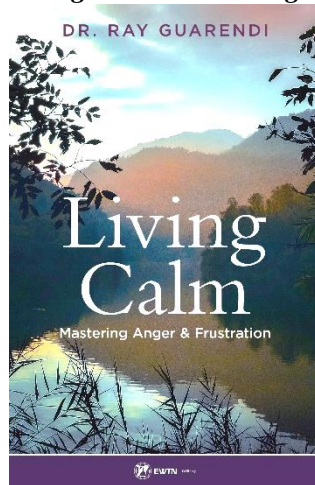
The parish rectory has need of a couple of bookcases or bookshelves. If you have any not in use, please contact the parish office, (514) 626-4111.

becketparish@gmail.com

THE PANCAKE SUPPER IS OFFICIALLY BACK! Join us on Shrove Tuesday, February 21 for a delicious pancake supper with family and friends in the parish hall from 5:30 -7:00 p.m., organized this year by St. Thomas à Becket's Young Adults group. Tickets are \$5.00 per person and free for children 3 and under. More volunteers are needed. For questions, please contact Amanda at adavis991@outlook.com.

WORTHWHILE READING

Living Calm: Mastering Anger and Frustration by Dr. Ray Guarendi



"Creative & humorous while packing a punch in short, meaningful chapters. Brilliant transitioning from one chapter to the next called "Turning the Page". Think reader will find this book thought-provoking while appreciating the analogies & examples, with a chuckle along the way." Dr. Ray Guarendi is a Catholic father of ten adopted children, a clinical psychologist, author, professional speaker, and national radio and television host. His radio show, "The Dr. Is In" can be heard on over 440 stations and Sirius XM channel 130. His TV show, "Living Right With Dr. Ray" can be seen on EWTN Global Catholic Network and is aired in 140 countries.

A LITTLE PIECE OF HEAVEN ON EARTH: CHAPEL OF EUCHARISTIC ADORATION

A little piece of heaven on earth... where can you find this? We all need the Lord's presence in our lives in all that we do. If you need a quiet moment after the hustle and bustle of work, or to reenergize after a hectic day at home with the family, or to simply spend time in prayer and contemplation in a peaceful and love-filled environment, the Chapel of Adoration at St. John Fisher Parish in Pointe-Claire is that place. In Eucharistic Adoration, you come face to face with Jesus and enter into a truly personal relationship with Him. He is there in the Blessed Sacrament to lavish us with his love, graces, joy, consolation and strength. The chapel is open from 6:00 am to 10:00 p.m. every day. For information or if you wish to commit to a regular hour, please call Joanna at [514-791-8291](tel:514-791-8291) or joanna.gacek2@gmail.com

PARISH INFORMATION

All telephone numbers are in the 514-area code unless otherwise indicated.

PARISH WARDENS

The Fabrique of the parish administers all parish properties and assets, and consists of the Pastor and six wardens elected by parishioners at an Annual General Meeting.

Janet Arts (2024)	620-6643	Cindy Finn	(2024)	624-0546
Frank Vissani (2025)	998-0311	Michelle Figueredo	(2023)	694-8879
Norman Cousineau (2023)	624-8753	Michael Randall	(2025)	626-9550

LITURGICAL MINISTRIES

Altar Guild:	Anna Donald	620-2258
Altar Servers:	Fr. Peter Sabbath	626-4111
Baptism Preparation Team:	Parish Office	626-4111
Choir Director	Brendan Kelly	944-7220
Eucharistic Ministry Coordinator:	Rosemarie Della Rocca	620-1930
Greeters:	Norma Cook	620-2019
Head Sacristan:	Anna Donald	620-2258
Lectors:	Tobias Koikaran	693-5514
Liturgy Team:	Rosemarie Della Rocca	620-1930
Ushers:	Joe Ojeda	941-7914

PARISH ORGANIZATIONS

Adult Faith Formation	Elsa Rivera	626-4111
Angels of Mercy	Sarah Sajedi	827-6408
Catholic Women's League:	Yasmin Ramsammy	463-1146
Community Aid	Parish Office	626-4111
Couples for Christ:	Don & Irene Salvanera	620-1319
Helping Others:	Parish Office	626-4111
Knights of Columbus:	Norm Cousineau	624-8753
Marriage Course:	John & Nathalie Bondyra	695-7896
Pastoral Home Care:	Ailsa Lee Loy	626-7265
Prayer Line:	Christine Charron	694-3958
Responsible Pastoral Ministry:	Rina Callard	626-4111
Social Club:	Rina Callard	695-6995

RESOURCES AND SERVICES

A.A.	376-9230
Al-Anon (Families of Alcoholics)	866-9803
Archdiocese, Marriage Tribunal, English Pastoral Services	931-7311
Diocesan Ombudsman – abuse/complaints	752-4683
Episcopal Vicar - Fr. Raymond Lafontaine	931-7311
Quebec Life Coalition: Pregnant? Worried?	344-2686
Spiritual Support Line	1-888-305-0994
Violence S.O.S. Hotline	1-800-363-9010
West Island Women's Shelter	620-4845

Anointing of the Sick: upon request at the parish office

Baptism: Please contact the office

Marriage: Please contact the office well in advance.

R.C.I.A.: Fr. Peter Sabbath

Sacrament of Reconciliation: (Confession) before all Masses or by request.

Vocations: Please contact Fr. Robert Clark at 903-6200 or one of our priests

HALL RENTAL: Michael Randall 514-980-5015