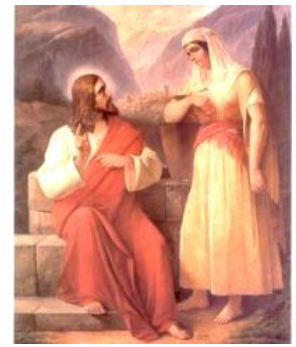


Second and Third Sunday of Lent March 5 & 12 2023



MASS INTENTIONS FOR MARCH 4 TO MARCH 19

Saturday	March 4	
4:30 pm	Our Parishioners	
Sunday	March 5	
9:00 am	Maria Borrelli Diodati	Famille Riopel Vanvari
11:00 am	Evelyn Lewis	CWL members
Monday	March 6	
8:30 am	Edgive Quattrin	The Family
Tuesday	March 7	
8:30 am	Rosalie & David Beasley	The Family
Wednesday	March 8	
8:30 am	Christine Chubbuck	Stefanos Constantatos
Thursday	March 9	
8:30 am	Carrie Lee Ross	Ron & Wendy Redmond
Friday	March 10	
8:30 am	Christine & Pierre Charron (L)	Rose Martins
Saturday	March 11	
4:30 pm	Provvidenza Infantino Battaglia and Salvatore Battaglia	Josie and Nancy Battaglia
Sunday	March 12	
9:00 am	Our Parishioners	
11:00 am	Rene Roustan	Irene Jakimowicz
Monday	March 13	
8:30 am	Maria Cabral & Family (L)	Rose Martins
Tuesday	March 14	
8:30 am	Stylianios & Galliopi Constantatos	Stefanos Constantatos
Wednesday	March 15	
8:30 am	Mark Julius Coelho	Pat & Donny
Thursday	March 16	
8:30 am	Anna Donald & family (L)	Julia Principe
Friday	March 17	
8:30 am	Helen Patricio	Steve & Gloria Enes
Saturday	March 18	
4:30 pm	Denny Bernard	Maggy & Rod Berezuk
Sunday	March 19	
9:00 am	George Akel	The family
11:00 am	Our Parishioners	

March 5: Alf & Chris Kolodnicki, requested by Rina & Family

March 12: Leon Demone, requested by Paula Young & Robert Leishman

March 19: In thanksgiving for our parish volunteers, requested by Heather & Julian Pereira

LORD, GRANT MERCY AND LASTING PEACE to those who died recently, and strength and comfort to those who mourn them.

Blessed are those who have died in the Lord; let them rest from their labours for their good deeds go with them. Eternal Rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen

DID YOU KNOW?

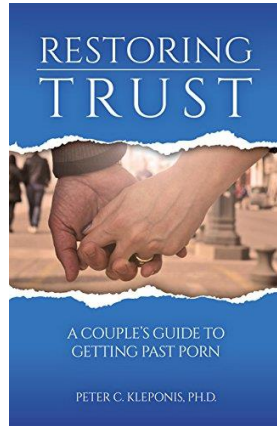
After 8:30 am weekday Masses, there is more every day:

Monday, Wednesday & Thursday: The Way of the Cross (during Lent. The rest of the year is the Rosary)

Tuesday: Novena to Our Lady of Perpetual Help

Friday: Eucharistic Holy Hour, with recited prayers and quiet time with the Lord. From 9-10, First Fridays until 3pm.

WORTHWHILE READING



Restoring Trust: A Couple's Guide to Getting Past Porn, by Peter C. Kleponis

While pornography is the fastest-growing epidemic in America, there is hope for couples suffering from this problem. Dr. Peter Kleponis, examines this issue, educates Catholics on the epidemic, and presents a plan to help heal and restore marriages that have been damaged by pornography addiction. Drawing on real-life case studies, teachings of the Church, and Scripture, this book will show you how healing, recovery, and restoration are possible for each of you personally and for your marriage. Past mistakes and hurts, no matter how deep, do not have to rule your future. With the right

tools, and relying on God's grace, you can restore trust in your relationship and achieve lasting freedom. You can also watch the free webcast anytime at tinyurl.com/mr45dmcz.

Peter C. Kleponis, Ph.D. is a Licensed Clinical Therapist and a Certified Sex Addiction Therapist. He is Assistant Director of Comprehensive Counseling Services in Conshohocken, PA. He holds an M.A. in Clinical-Counseling Psychology from LaSalle University in Philadelphia, PA and a Ph.D. in General Psychology from Capella University in Minneapolis, MN. Dr. Kleponis has over 20 years of professional experience working with individuals, couples, families and organizations. He specializes in marriage and family therapy, pastoral counselling, resolving anger, men's issues, and pornography addiction recovery.

CAN YOU IDENTIFY THESE PATRON SAINTS? (Answers below.)

1. Of swimmers.
2. Of gamblers.
3. Of advertising.
4. Of motorcyclists.
5. Of unattractive people.
6. Of playing card manufacturers
7. Of cats.

Quiz answers: 1) St. Adjutor; 2) St. Cajetan; 3) St. Bernadino of Siena; 4) St. Columbanus; 5) St. Drogo; 6) St. Balthazar; 7) St. Gertrude of Nivelles.

WORDS OF WISDOM



Pope Francis has urged young people to look away from their cell phone screens and make eye contact with the people around them. In a recent meeting with youth groups affiliated with Catholic Action, the pope warned that “a great risk for a boy and a girl today is to spend our days keeping a cell phone screen in front of our eyes. Our eyes are meant to

look into the eyes of others. They were not made to look down at a virtual world that we hold in our hands, but to look up to heaven, to God, and to look into the eyes of those who live next to us. . . . Jesus teaches that every person is important. The Lord is particularly concerned not with the rich and powerful or those who are on the covers of glossy magazines or on television, but the smallest, the poor, the forgotten, the rejected, those no one cares about. In a world that tends to isolate us, divide us, and that pits us against each other . . . the secret is precisely to take care of others. . . . The Lord does not want us to spend our days closed up in ourselves, but to go and make disciples of all nations (Mt 28: 19). Our eyes are made to convey the joy experienced from having met Jesus, that friendship that transforms existence, that makes us embrace life and enables us to discover its beauty. Because, boys and girls, it is beautiful to follow Jesus: it is beautiful to discover the great love he has for each one of us; it is beautiful to venture into the plan of happiness he has thought up for me, for you, for everyone; it is beautiful to discover the gifts he gives us with great generosity, the surprises that fill our lives with wonder and hope, that make us grow up free and happy. God enters the world and gives us the strength to go, to walk with him.”

THANK YOU FOR YOUR CONTRIBUTIONS

Feb 19: Offerings: \$ 4,596.00

Feb 22: (Ash Wednesday): \$ 1,753.00

Feb 26: Offerings: \$ 4,624.33 Building Fund: \$ 1,660.00

Next special collections: March 12 – Helping Others

March 19 – Building Maintenance Fund

March 26 – Development and peace

LENTEN RETREAT: ONE IN CHRIST JESUS: Women and Men as Equal Partners with Christ in the Life of the Church

On Saturday, March 25, 9:00-12:00, St. Thomas à Becket’s Catholic Women’s League invites Fr. Ray Lafontaine to lead a retreat on the topic of the evolving role of women in the Church. Everyone – men, women, young and old are most welcome. We will begin with Mass at 9:00 am, followed by teaching, personal prayer, and small group interaction. Information - Wanda: 514-771-7000.

CWL LUNCHEON – April 29, 9:00am -1:00pm, in the Parish Hall. Guest speaker Sister Pat O’Neil will speak on the topic of “Women who are Called and Blessed”. Lunch is provided. \$25 per person. For tickets contact Wanda: 514-771-7000, or purchase after Masses on March 11 & 12.

PARISH INFORMATION

All telephone numbers are in the 514-area code unless otherwise indicated.

PARISH WARDENS

The Fabrique of the parish administers all parish properties and assets, and consists of the Pastor and six wardens elected by parishioners at an Annual General Meeting.

Janet Arts (2024)	620-6643	Cindy Finn (2024)	624-0546
Frank Vissani (2025)	998-0311	Michelle Figueredo (2023)	694-8879
Norman Cousineau (2023)	624-8753	Michael Randall (2025)	626-9550

LITURGICAL MINISTRIES

Altar Guild:	Anna Donald	620-2258
Altar Servers:	Fr. Peter Sabbath	626-4111
Baptism Preparation Team:	Parish Office	626-4111
Choir Director	Brendan Kelly	944-7220
Eucharistic Ministry Coordinator:	Rosemarie Della Rocca	620-1930
Greeters:	Norma Cook	620-2019
Head Sacristan:	Anna Donald	620-2258
Lectors:	Tobias Koikaran	693-5514
Liturgy Team:	Rosemarie Della Rocca	620-1930
Ushers:	Joe Ojeda	941-7914

PARISH ORGANIZATIONS

Adult Faith Formation	Elsa Rivera	626-4111
Angels of Mercy	Sarah Sajedi	827-6408
Catholic Women's League:	Yasmin Ramsammy	463-1146
Community Aid	Parish Office	626-4111
Couples for Christ:	Don & Irene Salvanera	620-1319
Helping Others:	Parish Office	626-4111
Knights of Columbus:	Norm Cousineau	624-8753
Marriage Course:	John & Nathalie Bondyra	695-7896
Pastoral Home Care:	Ailsa Lee Loy	626-7265
Prayer Line:	Christine Charron	694-3958
Responsible Pastoral Ministry:	Rina Callard	626-4111
Social Club:	Rina Callard	695-6995

RESOURCES AND SERVICES

A.A.	376-9230
Al-Anon (Families of Alcoholics)	866-9803
Archdiocese, Marriage Tribunal, English Pastoral Services	931-7311
Diocesan Ombudsman – abuse/complaints	752-4683
Episcopal Vicar - Fr. Raymond Lafontaine	931-7311
Quebec Life Coalition: Pregnant? Worried?	344-2686
Spiritual Support Line	1-888-305-0994
Violence S.O.S. Hotline	1-800-363-9010
West Island Women's Shelter	620-4845

Anointing of the Sick: upon request at the parish office

Baptism: Please contact the office

Marriage: Please contact the office well in advance.

R.C.I.A.: Fr. Peter Sabbath

Sacrament of Reconciliation: (Confession) before all Masses or by request.

Vocations: Please contact Fr. Robert Clark at 903-6200 or one of our priests

HALL RENTAL: Michael Randall 514-980-5015